ALDGATE PRIMARY - WEEK 10 TERM 3 SPORTS REPORT

PREMIER'S BE ACTIVE CHALLENGE 2023

We have done it again! 5 years in a row of 100% completion in the PBAC 2023. We are in line to receive \$1000 for our school from the state government. Medals will be distributed in week 5 term 4 – how exciting! The PBAC has required individuals to record **one** hour of physical activity, **five** days a week, for **ten** weeks.

Congratulations to <u>Orla Chhabra</u> for being the first student to complete the challenge in 2023 and a special mention to <u>Mr Wyett's class</u> for being first to complete the challenge.

Well done also to the following students for completing the challenge over the past fortnight:

Wynter Williams, Charlotte Westmacott, Charlie Padley, Edward Randall, Esme Newton, Rose Binnion, Hugo Rolfs, Oliver Knight, Darcy Davis, Felix Stolzenberg, Saige Phillips, Chase Warburton, Havannah Bonacini, Tenisha Robertson, Addison Priaulx, Olive Chapman, Amelia Wilson, Hayden Smith, Henry Stubing and Hugo Van der Linden.

SPORTS INCENTIVE POINTS TALLY

Sports Incentive Points (SIPs) earned go towards our 2024 sports day and our annual Aldgate Allrounder award.

Freeman	Meares	Pearson	Thorpe
375	391	376	385

Congratulations to the following students for displaying positive attitudes to PE and achieving personal bests (PBs).

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Hoffmann – Asher Lenon, Charlotte M, Edward W-R, Emiko, James, Olive H, Tally, Claire J, Koa, Louis, Paige, Somerville – Anaiya, Casey, Charlotte W, Harry B, Mikey, Ollie W, Scarlett W, Wynter, Ethan, Guinevere, Henry Lemm, Neave L, Cottle – Ava, Nate W, Hyatt – Rupert, Thomas, Arlo D-T, Charlie T, Jack D, Stevenson, Uma, Victor, Dunaiski/Woods – Charlie P, Cooper, Darcy, Edward R, Esme, Grace, Kayla, Margot, Molly G, Rose, Bonnie, Hugo R, Lara, Oliver K, Sidney, Riley F, Drago – Angie, Maddie Burns, William, Claire C, Eden, Emil, Felix S, Saige, Wyett/Cale – Daniel, Milla T, Orla, Huff/Cale - Chase Richards – Havannah, Marsden/Cale – Addison, Amelia Wilson, Olive C, Hayden, Henry S and Hugo V.

ALDGATE ALL ROUNDER 2023 LEADERBOARD - WEEK 10, TERM 3

- 1. **34 points** Oliver Miller
- 2. 32 points Holly Faber
- 3. 31 points Zoe Hamilton

WINTER INDOOR SPIKEZONE 2023

With the winter season coming to a close this Friday afternoon, we would like to recognise all of our teams for participating and working hard to improve their skills and abilities in volleyball. We have had two of our teams make it through to the grand final in the Year 5/6 girls division. Facing off are our own Aldgate Chihuahuas versus our up and coming Aldgate Vegemite. This final will be played this Friday at 3.30pm, good luck girls!





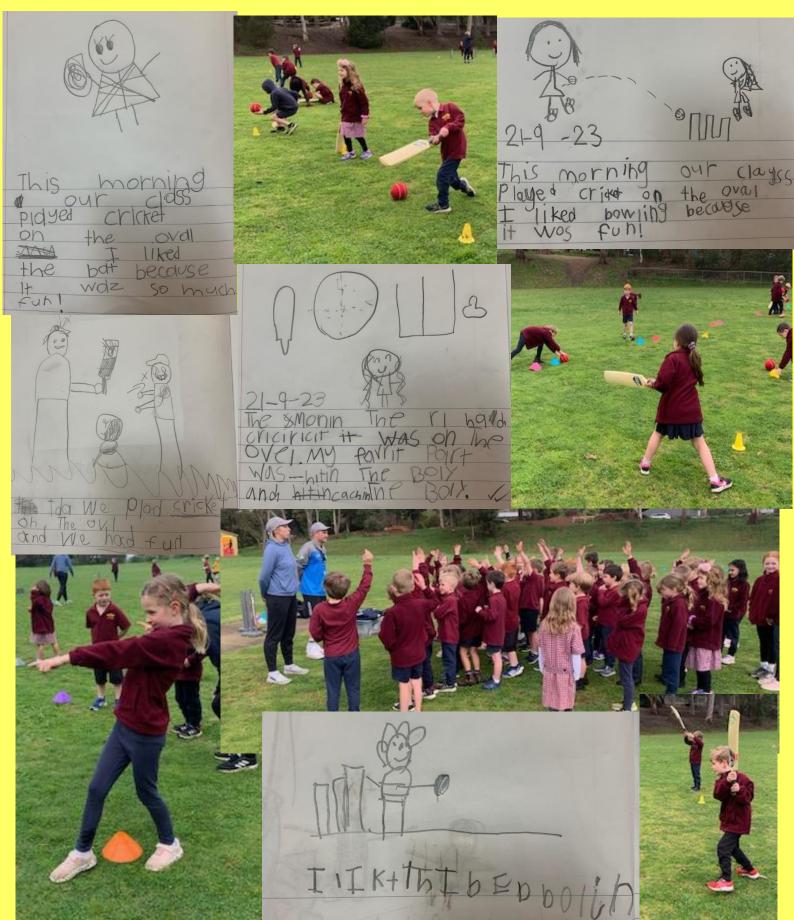


100% completion

STRIKERS CRICKET CLINICS

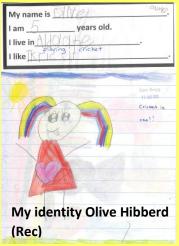
On Thursday last week, our reception to year 4 students enjoyed some Strikers cricket clinics led by the South Australian Cricket Association. Adam and Hannah did a great job with the students working through 4 stations, throwing, catching, bowling and batting. It was radical! Fliers went home last week about where you can play but it you didn't get one there is a copy attached to this week's Sports Report.



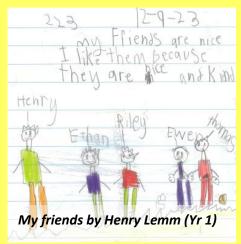


HEALTH 2023 – BUILDING CONNECTIONS

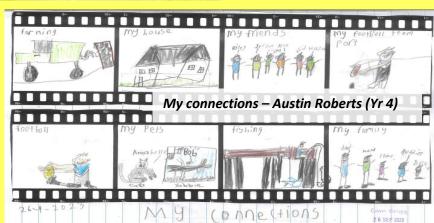
After the disruptions of re-roofing in term two, our Reception to Year 4 classes finally got their teeth in to a short, sharp and shiny health unit on *Connections* this term. We have been identifying key components in our lives that help us feel connected and we recognised that these components help us develop trust and a sense of comfort. People, places and personal interests help us build connection and help us feel safe and happy. These are good pathways to developing positive relationships with other people and enhances a healthy wellbeing. We have chosen some work samples from the classes to show some of the learning journey. Thank you to the children for their engagement and dedication to learning this term.



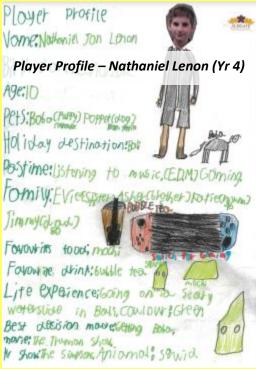












Our school's values are our underlying connection point at Aldgate Primary School.....

Let's keep living by

RESPECT

RESPONSIBILITY

RESILIENCE

EMPATHY

STATE ATLETICS CHAMPIONSHIPS 2023

Last Tuesday, seven of our students went down to the State Athletics Centre to compete in various track and field events at the State Athletics Carnival 2023. It was the biggest representation from Aldgate for the Hills with Zach Clarke (relay), Cora Hollamby (high jump, 200m and relay), Pete Biven (discus and shot put), Emma de Haas 800 and 1500 metres), Neve (high jump) and Holly Faber (shot put). All of our competitors contributed well to an outstanding Hills team effort, finishing second of all the districts overall. From this event we had some amazing individual efforts with Cora jumping in second in the 12-year-old girls high jump and Emma de Haas is the 10-year-old girls state champion 800 and 1500 metre runner. To cap it all off too, Emma set a new state record for the 1500 metres with a time of 5.26 minutes!





COMMUNITY NEWS

Bravo *Maddie Burns* for completing her first City to Bay. An awesome and insiring effort. 'I did the City to Bay but the pain while running was a challenge. It was such a big race with lots of people and I nearly lost mumtwice! It was really fun.'

Ella Vyden travelled to Darwin for the State Calisthenics championships. Here's a run down from Ella.. Great work! On the 28th of September 2023, I went with 11 other people to Darwin. At the start of the year, girls from calisthenics all across the state, tried out to get into the South Australian State Calisthenics team. I was one of the 12 people that was selected.

We went to Darwin to compete with all the other states. We were in Darwin for 6 nights Thursday through to Tuesday. We had our competition on Saturday. We had to arrive at





the theare at 1:30pm to start at 2pm. We had to go on the stage 6 times, once for each item. The items are called march, clubs, rods, exercises and aesthetic. There was one judge judging us and at the end she told us who got 1st, 2nd, 3rd, 4th and 5th. In all items South Australia came first and all girls in the Darwin junior team got their own trophy and SA got a big trophy as well. The Darwin trip was really fun.

Owen Hoyle had a win in the German arms division 3 under 12s basketball grand final last Monday night. 'After a full day at

camp, dad came and picked me up for the game. We beat the German arms team 40 to 36. I scored some good baskets finishing with 7 points and took some ripping rebound – 10 in total. I got a premiership medalion. It was pretty wicked'.

In the last Sports Report we spoke about finals fever, winter sports wraps and presentations. I few of our Aldgaters are playing out at Crafers and shared a great photo. Congratulations to under 11 division 2 premiers – *Scarlet Evans, Holly Faber* (B&F), *Zoe Hamilton* (coaches trophy) and twins *Edi* and *Mabel Pollard*. In the under 11s division 1 team we had emerging talent *Bonnie Madsen, Neve Faber* (B&F) and *Olivia Hamilton* (RU B&F). Sounds like a massive season girls!



UPCOMING SCHOOL SPORT EVENTS

Competition

Volleyball

Opponents

Knockout B & G Tennis

Round 1 – St Francis de Sales, Unity

and Burnside

Knockout Girls Cricket

Round 3 - Greenwith

State Championships

Venue

Littlehampton

Greenwith PS

Lightsview

Date

Thursday 2nd Nov

Monday 13th Nov

Tuesday 21st November



OCTOBER SCHOOL HOLIDAY CLINICS

ACTIVE OURING THE HOLIDAYS, WHILE TRYING SOMETHING NEW OR PRACTICING THOSE SKILLS FOR UPCOMING COMPETITIONS!

(AGES 11-18)

9-00AW - 12:00PM

SESSION 2 CAGES S-III

SSO / PERSON (PER SESSION)





WEEK 1

TUESDAY	3RD OCTOBER	LIGHTS
WEDNESDAY	4TH OCTOBER	LOFTY
THURSDAY	5TH OCTOBER	BRIGHTON

WEEK 2

FRIDAY

13TH OCTOBER BRIGHTON





Cricket Blast is an energetic and fun program for kids up to the age of 10 to develop new skills, expand existing skills and play cricket in a team environment.

FIND YOUR CLOSEST BLAST CENTRE

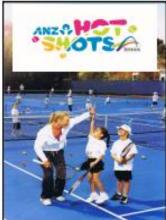
Local cricket clubs are offering the 8 week program in your area.



VISIT PLAY.CRICKET.COM.AU

SuperTennis Coaching Aldgate **Primary School**

Have your child learn one of the safest, most popular sports with, "SuperTennis", Quality small group coaching co-ordinated by fully qualified Tennis Australia professional coach, Shane Stokes.





will cover tennis stroke fundementals, court positioning adding & using spin, as well as gameplay, scoring, sportsmanship, matchplay tactics etc.

Hot Shot Junior Aces (10 to 14 yrs). This program is for older, more physically developed beginner / intermediate players, as well as the talented slightly younger child. "Junior Ace"

Super Tennis Ball Machines

FREE Come' n Try Sessions Available



These can assist your child to learn faster by

L. Allowing maximum participation and skill learning because more students in the group are actively hitting, rather than waiting for the coach to feed them a ball.

The coach can be up the same end to assist and demonstrate if needed. 3. Students can hit a large number of balls in a row (40 to 30) and so gain onfidence and "groove" their swing



Super"Little Hot Shots (4 to 7 yrs). The most innovative young beginner rogram in S.A. This is designed to provide maximum participation, success & fun for all students. Extensive use of specially designed equipment., multiple ball machines, Rebound Nets, special games & activities, will give your child a great start in learning the basic skills and strokes.



Tennis Hot Shots (7 to 10 yrs). This program still makes use of special equipment, but contains games & activities that can require slightly more developed physical skills & tennis technique. "Het Shots" also features lots of FUN and modified gameplay, designed to help prepare students for playing matches for fun and competition.

To Enrol Your Child

Email a scan /photo of enrolment form to supertennis@outlook.com.au

CASH PAYMENTS bring to 1st session in named, sealed envelope. Bank Transfer: BSB 805001 Acct Number 00183449 .Super Tennis. Indicate Child Name & Venue!

Sending this form is a confirmed booking, unless contacted by Shane!!!!

ANY QUESTIONS CALL SHANE STOKES ON 0417837911